

THE COURSE CURRICULUM



THE PARKINSON'S DISEASE STREAM

The Course Curriculum



In conjunction with the videos, you will have access to some downloadable material.

Here is a bit more detail about what is provided in The Restore Programme:

- Welcome
- Disclaimer
- How Parkinson's Disease Can Affect Eating & How To Support Nutrition
- Why Monitoring and Managing Weight Is Important
- Dealing With Weight Loss
- Food Fortification
- Finger Foods & Parkinson's
- Oral Nutritional Supplements
- Protein & Levodopa
- Mediterranean-Style Eating in Parkinson's
- Gut Health: Constipation, Hydration & Appetite in Parkinson's
- Hydration, UTIs & Delirium: Why Fluids Matter
- Conclusion