

THE COURSE CURRICULUM

THE RESTORE
PROGRAMME

THE DEMENTIA
STREAM

The Course Curriculum



In conjunction with the videos, you will have access to some downloadable material.

Here is a bit more detail about what is provided in The Restore Programme:

- Welcome
- Disclaimer
- How Dementia Can Affect Eating & How To Support Nutrition
- Why Monitoring and Managing Weight Is Important
- Dealing With Weight Loss
- Food Fortification
- Finger Foods & Dementia
- Oral Nutritional Supplements
- Hydration, UTIs & Delirium: Why Fluids Matter
- Conclusion